



MEL MARIA  
CATHOLIC PRIMARY SCHOOL

# MEL MARIA NEWS

TERM 2 WEEK 10

ISSUE 09



From the Principal

Head of Campus

Religious Education

Pre-Kindy News

Japanese Incursion

Congratulation to Green Faction on  
winning the Mel Maria Cross  
Country Carnival

#MakingADifferenceEveryday

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FROM THE  
SOCIAL  
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## TERM 3 2023 - Mel Maria

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	17 JUL	18 JUL	19 JUL PN Confirmation Workshop 4pm & 5.30pm	20 JUL PN Confirmation Retreat  PAF Opening Mass 10am	21 JUL	22 JUL PN Reconciliation Commitment Mass 6.00pm	23 JUL PN Reconciliation Commitment 9.30am
2	24 JUL PN & SJP Housekeeping Assembly PN Author Visit PP – Year 2  Speak Up School Finals	25 JUL SJP Author Visit PP-Year 2  Interschool Cross Country Carnival	26 JUL School Photos PN & SJP Family Photos  Religious Education Prac Test	27 JUL School Photos PN & SJP Family Photos Year 6 Graduation Photo 9am – PN Campus	28 JUL School Photos SJP Family Photos	29 JUL	30 JUL
3	31 JUL SJP Reconciliation Parent/Child Workshop. 3.30pm & 5.00pm Yr 4 PN Excursion Yr 1 SJP Excursion	1 AUG Yr 1 PN Excursion	2 AUG CEWA RE Assessment Yr3 & 5	3 AUG CEWA RE Assessment Yr3 & 5 Yr 4 Ensemble Performance Yr 4 Red 9.30 – 10.46 Yr 4 Green 11.00-12.15	4 AUG CEWA RE Assessment Yr3 & 5 SJP Year 4 Assembly 9am	5 AUG Robocup	6 AUG Robocup
4	7 AUG SJP Eucharist Parent/Child Workshop. 3.30pm & 5.00pm	8 AUG Feast of Mary MacKillop Mass 9am  P&F 7pm SJP	9 AUG PN Year 6 Mass 9am PN Reconciliation 10am	10 AUG Pre-Primary Brownes Dairy Excursion PN & SJP	11 AUG PN Confirmation 6pm	12 AUG	13 AUG
5	14 AUG <b>SCIENCE WEEK</b> →  Year 3 Mystery Maths family afternoon PN 4-5.30pm	15 AUG Assumption Mass 9am  Year 3 Mystery Maths family afternoon SJP 4-5.30pm	16 AUG PN Year 3 Assembly 9am	17 AUG PP Constable Care Incursion CPAF Sacred Choir	18 AUG SJP Year 3 Assembly 9am  PN Confirmation 6pm	19 AUG	20 AUG
6	21 AUG <b>Pupil Free</b>	22 AUG SAC Meeting 6pm PN Bookweek CPAF Primary Choral Singing	23 AUG SJP Yr 4 Excursion	24 AUG SJP Bookweek PP Scitech Excursion	25 AUG School Tours PN 9.30am SJP 11.00am MAD STEM	26 AUG	27 AUG
7	28 AUG Education Assistants' Day	29 AUG	30 AUG SJP Year 3 Shoenstatt Shrine PN Year 5 Assembly 9am PN Reconciliation Workshop 4pm & 5.30pm	31 AUG	1 SEPT Father's Day Breakfast	2 SEPT Toms	3 SEPT Father's Day
8	4 SEPT SJP Year 5 Assembly 9am	5 SEPT PN Year 3 Retreat Shoenstatt Shrine	6 SEPT	7 SEPT PN Billy Cart Day	8 SEPT SJP Billy Cart Day	9 SEPT	10 SEPT
9	11 SEPT	12 SEPT	13 SEPT <b>Open Night</b> 4.00-6.30pm	14 SEPT	15 SEPT Junior Athletics Carnival PP-Y2	16 SEPT TOMS State Finals	17 SEPT
10	18 SEPT SJP Eucharist Retreat 9am-3pm	19 SEPT	20 SEPT PN Year 3 Mass/Reconciliation 9am  SJP Reconciliation 3.30pm	21 SEPT PN/SJP Mercy Day Celebrations	22 SEPT 50 <sup>th</sup> Anniversary Mass 9.30am  P&F Colour Run 1.45pm	23 SEPT	24 SEPT
HOL	25 SEPT QUEEN'S B/DAY PUBLIC HOLIDAY	26 SEPT	27 SEPT	28 SEPT	29 SEPT	30 SEPT	1 OCT
HOL	2 OCT	3 OCT	4 OCT	5 OCT	6 OCT	7 OCT	8 OCT



# Principal's Message

## Week Ten Term Two

Dear Parents and Carers,

As we near the end of the semester, we reflect on some memorable and successful events that have taken place at Mel Maria Catholic Primary School. We are blessed with many very dedicated and enthusiastic people (including staff, children and parents) who generously give of their own time and gifts to create a positive atmosphere each day.

Congratulations to **all the Students** for their efforts during the semester. There have been a few challenges for our students; however, with a very positive approach and always #MakingADifferenceEveryday students have become very adaptable and accepting of all the changes. As we reflect on the semester the students can be very proud of all their achievements.

Thank you to the **Parents** for your flexibility and patience with the many changes to the term calendars, adhering to the restrictions to ensure that all are safe and supporting us by preparing the children so well for school each day. Your involvement greatly assists in strengthening the links between home and school.

Thank you to all the **Mel Maria Staff** for their effort during the semester. Each member of staff has been fantastic in their dedication to the school and students. The staff have approached their work with professionalism, enthusiasm and commitment, always taking into account the needs of the students. They are all deserving of a well-earned break.

I would like to particularly recognise and thank our **Heads of Campus (HOC)**, Mrs Ros Nichols and Mrs Joanne Scouler, as well as the **Assistant HOC**, Mr Roman Popadyne, Mrs Cathleen Massimi and Mrs Tia Horsley. All these leaders are very committed to their roles, as well as being adaptable and strategic with both the long-term planning and the daily events to support children, staff and parents.

### Sharing the Learning Journey

During the year parents have had many opportunities to share the learning journey through work added to the digital platform – Seesaw. At the end of Term One the Parent- Teacher Interviews also provided very valuable information regarding the development and progress of each child.

At this time of the year, in addition to the Mid Year Report, each child will also share their work through their portfolio. The portfolio is an individual record of the learning and progress of each Kindergarten to Year Six student, from the beginning of the year.

As the children share their achievements through the work included in their portfolio parents are encouraged to assist in this process by completing the reflection form. Comments and feedback from parents in each student's portfolio are very important and greatly assist in strengthening the partnership between home and school and provide additional motivation and encouragement for the children in their learning journey.



## School Reports

Tomorrow all parents will also be able to access their child's Mid Year Report, via SEQTA Engage, from 3.30pm on Friday 30 June 2023.

Personally, reading just over 750 reports is a privilege and is also a very humbling experience. I have been very impressed with the level of effort that the students are applying to their work. This semester, it is clear that the children tried hard **#MakeADifferenceEveryday**, in the way in which they have engaged in very important learning. However, as we continue to challenge ourselves to continue to improve in Semester Two.

The conversations, therefore, that parents have with their child/children are critical and would include reflecting on the work shared through Seesaw, the student's portfolio and the Mid Year Report. As you take time to sit and discuss your child's report and portfolio, look for areas for celebration and areas for encouragement by:

- **Focusing on strengths.** Look for strengths first even if they are not in the traditional 3Rs or core subjects.
- **Considering your child's effort and attitude to learning.** If your child is putting in the required effort this is to be recognised and celebrated. If the report or portfolio work indicates that more effort is required, then this is something to work on next semester.
- **Taking note of teachers' comments.** Teacher comments are very important and should be used as 'indicators' in areas where child/ren may work towards improving. A collaborate approach between home and school greatly assists in each child's development and learning.

We recognise that it is essential for parents and teachers to cooperate for the good of the child. By showing interest in the child's activities at school and by involving themselves in the school community parents will ensure that their child receives the full benefits of a Catholic education.

It is important that parents support the school and ensure that their child is well prepared for each day, this support from the home helps foster pride in the child, their family and the school.

**Our work and efforts are driven by the beliefs we strive to uphold at Mel Maria Catholic Primary School. These are:**

- Developing a culture of excellence as evidenced by high expectations and expressed through a shared vision.
- Encouraging relationships of mutual respect with one another, by developing empathy and care.
- Striving to develop skills to equip students with the necessary social etiquette and expectations to navigate their world both digitally and physically.
- Cultivating a learning community that builds relationships and trust.
- Fostering a healthy partnership between the home, parish and school.
- Supporting students of all ages to work alongside each other to form strong and healthy Mel Maria Catholic Primary School family.



## Well Deserved Break

Next semester, Mrs Maree Passmore will be on long service leave. We wish Maree and her husband all the very best for their break as it is certainly well deserved.

## Thank You

We thank Briana Ryan who has worked as an Education Assistant at the Pater Noster campus for the past 18 months. We wish Briana all the very best as she completes her Teaching degree. Best wishes.

## Staffing ~ Semester Two

We welcome to our staff Mrs Karen Gan who will take on the role of Marketing and Communications within the school. Karen is well qualified for this position, and we see this as wonderful opportunity to highlight the new direction we are transitioning to in 2025.



Mrs Sylvia Tamigi we take on the role of Enrolments Officer and other key elements of Administration at the Pater Noster campus.

## Other Staff Changes:

- Mrs Lyn Dowie will move into the front office as the new Administration Officer at Pater Noster.
- Mrs Maria Triolo will move from the SJP campus to the Pater Noster campus to replace Lyn in the Year One / Two pod as the Education Assistant.
- Mrs Rossana Basso Bentancourt will move to the Pre-Primary / Year 1 pod as the Education Assistant at the SJP campus commencing Semester Two.
- Mrs Irene Windsor returning from Long Service Leave will take on the role as HaSS/Library Teacher

We welcome **Tess Ryan** who will be taking up the position of special needs Education Assistant in Semester Two on the PN campus.

## Thank You

We take this opportunity to sincerely "Thank" **Mrs Nadia Bosco and Mrs Gemma McGinnity** who have filled the role as the HaSS coordinator this semester. Both these ladies have made a wonderful contribution to our staff and the learning within the classrooms.

## Mel Maria Catholic Primary School 3-Year-Old Kindergarten Program 2024

The Three-Year-Old Kindergarten at Mel Maria is an educational program for pre-kindergarten children. The program at the school is very much play-based and helps the children develop independence and creativity by offering interesting and fun activities, that are developmentally appropriate, in a semi-structured form. The program follows a routine similar to Kindergarten where the children are in the care of a teacher and a teacher assistant for the duration of the session, but parent help is encouraged.

## Who May Attend the Program?

The 2024 program is offered to children who will have turned THREE by 30 June 2024 and plan to continue attending Mel Maria Catholic Primary School in 2024 and beyond. Regulations prevent us from taking children until they have turned three years of age. Please note that enrolment at the Mel Maria Three-Year-Old program does not guarantee a place in the Four-Year-Old Kindergarten Program. Interviews will be conducted for both places.

Interested parents are asked to contact Mrs Sylvia Tamigi at the school office for enrolment forms for 2024 Three-Year-Old program.



## Cross Country

We Thank Mr John and Mr Williams for the successful organisation of our Faction Cross Country Carnival held last week. Thank You to all the staff that assisted with the setup up of the carnival in the morning and the packing away of equipment at the end of the day. Well Done to all.

## Term Three – Commences Monday 17 July 2023

The updated calendar will be added to the website soon. Please be aware that in these changing times dates we need to continue to be adaptable if the dates of events need to be changed.

Next term we can look forward to many special events including:

17 July	Beginning of Term 3
19 July	PN Confirmation Workshop 4pm & 5.30pm
20 July	PN Confirmation Retreat
22 July	PN Reconciliation Commitment Mass 6.00pm
23 July	PN Reconciliation Commitment Mass 9.30am
24 July	PN & SJP Housekeeping Assembly, Speak Up School Finals
25 July	Interschool Cross Country Carnival
26 - 28 July	School Photos, Year 3 & 5 Religious Assessment Practice Test
2 - 4 August	Religious Assessment Years 3 & 5
11 August	PN Confirmation 6pm
21 August	Pupil Free
7 September	PN Billy Cart Day
8 September	SJP Billy Cart Day
13 September	Open Night 4.00-6.30pm
15 September	Junior Athletics Carnival PP-Y2
21 September	PN/SJP Mercy Day Celebrations
22 September	50th Anniversary Mass 9.30am, P&F Colour Run 1.45pm



## From My Readings . . .

### Ideas for the Holidays

Holidays are times for families to relax and to spend together. Spending time together is about what works for the lifestyle of each family.

Here are a few tips for families during the holidays and for when times are busier.

**Create a special ritual** for you and your child— something that can be done every day. For example, let your child choose and read one book together at bedtime.

**Reinforce positive behaviour.** For example, if your child completes his/her chores without your asking, acknowledge it with words of appreciation.

**Make and eat meals with your children** whenever possible. If time is limited, look for simple meals that require very little preparation, or grab a healthy snack such as an apple and sit for a few minutes and chat with your child.

**Share an activity of your child's choosing.** Be sure to follow through and complete the activity without any distractions. Sometimes these activities may be the same from day to day as children love to repeat activities that are enjoyable.

**Play with your child,** even if it's during packing away time or outside. Every little bit of time makes a positive impact! Laugh and be silly with your child. Playing with your child may also include a game, for example, a soccer game in the backyard or at the park, playing handball in the driveway or throwing a basketball and counting the number of 'hoops'.

**Turn off technology** when you spend time with your child. Try not to text, answer calls, scroll through social media, or watch television as although 'multi-tasking' can be useful at times it is wonderful for children to have all your attention.



**Encourage children to occupy themselves** - a child's ability to fill in their own time and cope with moments of boredom are important independence skills to develop. Children have less practise at keeping themselves occupied than those of past generations. The holidays may provide time to expand your child's interests which will assist them to develop their independence.

**Invite children to keep themselves busy** - when your child tells you that he or she is bored they are bringing you a problem to solve. Boredom is your child's problem, not yours. If this happens, encourage your child to keep themselves busy by asking questions such as "What can you do by yourself?"

**Make a list** - If your child is stuck for ideas make a list of activities that they can refer to when they're bored. Include a variety of activities such as creative tasks, performance tasks, crafts, sports, indoor and outdoor games, music activities, reading and helping. Place the list in a convenient place with easy access and visibility.

**Make a Boredom Buster Jar** - Create a list of boredom busting activities and place them in a jar. When your child is stuck for an idea to keep him or herself amused invite them to select an activity from the boredom buster jar. Ask your child to add enjoyable activities to the jar over time.

**Encourage plenty of green-time** - Today's children spend more time in front of screens, and less <me outdoors than those of previous generations. Not only is time spent in natural environments refreshing, relaxing and rejuvenating, but It's also a wonderful way for kids to relieve boredom. Encourage your child to spend some of their free time outside in natural environments to promote good mental health and develop their confidence.

**Help find their interests** - If your child struggles to keep him or herself occupied, consider helping them identify a hobby or interest that they enjoy. Often finding that one activity a child loves or excels in makes a huge difference to their self-esteem and wellbeing and can become the driver for future career choice.

## **End of Term**

Lastly, I hope all members of our community, particularly our students and staff, have a very enjoyable, relaxing and refreshing two-week break. Stay safe and healthy and I look forward to seeing everyone after the holidays.



## Prayer for the Week

At the end of this semester, we give thanks to God:

Dear Lord,

We are grateful for our classmates, teachers, parents and a community that cares for us.

For all the teaching and learning that has taken place in our school, both in and out of the classroom.

For the talents and gifts that have been shared and the challenges that have been faced;  
For the respect and care that has been given.

We give thanks for the friendships that have just begun and for those that have grown.  
For the faith that has been lived in our daily struggles,  
For the hope that has lifted our hearts,  
And for the love that has kept us going.

Be with us as we spend our time with family and friends. Give us strength and courage to do what is right; to be witnesses of our faith.

Help us to be a practical Christian these holidays, to appreciate what others do for us, to generously give time and effort to help others, to be peacemakers in our family.  
Keep us safe in our activities;

During the break may we all have a good rest and good fun and always be safe in all our activities. Pour out your love on us that we may return renewed and refreshed to continue our journey together.

We make this prayer through Christ our Lord.

Amen



## Thought for the Week

Make time for yourself to do something special, or to do nothing at all – a quiet time to connect with how you honestly feel, what you actually need and who you truly are.

Kind Regards

A handwritten signature in blue ink that reads "Paul Hille". The signature is written in a cursive, flowing style.

Paul Hille  
Principal

#MakingADifferenceEVERYDAY



**MEL MARIA**  
CATHOLIC PRIMARY SCHOOL

# Head of Campus News

Joanne Scouler and Ros Nichols

## Mid Year Reports Pre-Primary to Year Six

Mid Year Reports for Pre-Primary to Year 6 students will be made available on Friday, 30 June at 3:30 pm.

Reports will be provisioned online this semester through the SEQTA Engage portal.

All parents who have received their child's report online previously have been provisioned with a SEQTA Engage account.

The SEQTA Engage web address is <https://melmaria.engage.cewa.edu.au/>

Please note there is also a 'Reports – SEQTA Engage' tab on the FAMILIES page of the school website that links directly to the above link.

Please ensure you can log into your account so that you can receive your child's Mid Year report.

If you are unable to locate your login information, please follow these steps:

- Click on the Forgot your password? link
- Enter your email address into the relevant box and click on Reset my password
- Go to your email box and reset your password according to the instructions in the email.
- The password reset email will expire after 1 hour of being generated.

Parents who are new to Mel Maria this year or who have not previously been provisioned with a SEQTA Engage account will receive an email shortly inviting them to create one.

**Please contact the front office if you have any issues logging into your SEQTA Engage account before the end of the term.**

## EDU-DANCE CONCERTS

Edu-Dance concerts proved a wonderful fun way to celebrate the end of a successful term of learning for our students and families. Our students danced with great confidence, skill and energy. Thank you to our wonderful audiences for joining in the celebration.





## ANDREW CHIN CONCERTS

Andrew Chin visits are a wonderful tradition at Mel Maria. Liturgical singing is an important part of our Masses, liturgies and classroom prayer life. Andrew Chin's songs and music enhance these experiences and events for our students.

All year levels got to participate in individual sessions that culminated in a whole school concert which was a great way to finish.

## SACRAMENTAL PREPARATION AT PATER NOSTER

- Confirmation Workshop for Pater Noster Year 6 students and parents will be held on Wednesday 19th July @ 4.00pm and 5.30pm.
- Confirmation Retreat for Year 6 students will take place on Thursday 20th July.
- Commitment Masses for Year 3 students preparing for the Sacrament of Penance will take place on July 22nd at 6.00pm Mass and on July 23rd at 9.30am Mass.

Please keep our students and families in your prayers as they prepare for these special Sacramental events.

## SCHOOL PHOTOS IN TERM THREE

**Term 3 , Week 2 (Wednesday 26th – Friday 28th July)**

The school photos will be in week two. All students must wear the correct school uniform. Year 1 to Year 6 students -school tie and jumper for the photos.

Th Year 6 graduation photo will be taken on Thursday 27 July at 9am on the Pater Noster Campus. SJP student will need to be dropped off by their parents to the PN campus by 8.45am. After the photos, SJP students will be transported by bus back to their campus.



## Pater Noster Campus School Photo Timetable

### Day 1 - Wednesday 26 July 2023

Group Photo	
Time	Class Name
8:00am to 9:00am	Family Photos A-R
9:00am	Kindergarten Green
9:20am	Kindergarten Red
9:40am	Pre-Primary Green
10:00am	Pre-Primary Red
10:20am	No Photos

### Day 2 – Thursday 27 July 2023

7:45am	Staff Group Photo Scaffold
8:00am-8:30am	Family Photos S-Z
9:00am	Year 6 Graduation Photo
9:30am	Year 6 Green
9:45am	Year 6 Red
9:55am	Three Year Old Kindergarten
10:15am	
10:30am-11:00am	
11:00am	Year 1 Green
11:20am	Year 1 Red
11:35am	Year 2 Green
11:50am	Year 2 Red
12:05pm	Year 3 Green
12:12pm	No Photos
12:30am-1:00pm	
1:00pm	Year 3 Red
1:15pm	Year 4 Green
1:30pm	Year 4 Red
1:45pm	Year 5 Green
2:00pm	Year 5 Red
2:15pm	



## St Joseph Pignatelli Campus School Photo Timetable

Day 1 - Wednesday 26 July 2023	
GROUP TEAM	
Time	Class Name
8:00am to 8:30am	Family Photos A-I
8:45am	Kindergarten Green
9:05am	Kindergarten Red
9:25am	No Photos
Day 2 – Thursday 27 July 2023	
8:00am to 8:30am	Family Photos J-R
8:45am	3-Year-Old Kindergarten
9am	Year 6 Graduation Photo at PN
9:15am	Pre-Primary Green
9:35am	Pre-Primary Red
9:55am	
Day 3 – Friday 28 July 2023	
8:00am to 8:30am	Family Photos S-Z
8:45am	3-Year-Old Kindergarten
9:15am	Year 1 Green
9:35am	Year 1 Red
9:55am	Year 2 Green
10:05am	Year 2 Red
10:20am	
10:30am-11:00am	
11:00am	Year 3 Green
11:15am	Year 3 Red
11:30pm	Year 4 Green
11:45pm	Year 4 Red
12:00pm	Year 5 Red
12:15pm	No Photos
12:30am-1:00pm	
1:00pm	Year 6 Green
1:15pm	Year 6 Red
1:30pm	No Photos





**MEL MARIA**  
CATHOLIC PRIMARY SCHOOL

# Religious Education

Joanne Scouler and Ros Nichols



## Fostering Empathy with our Children

Mel Maria values of Respect, Service, Compassion and Justice are important tenants of authentic integration of lived faith.

Teachers and staff discuss these values often with our students and giving opportunities to foster empathy is an ongoing and important learning for our students.

Giving our students a language and a voice to empathise gives them courage and confidence to live out our Gospel values.

### Ways to Cultivate Empathy

How do you raise kids who care? Education professor William Damon says that one of the first and most important steps in raising moral children is to nurture their ability to feel empathy. According to Damon, “Empathy toward those in distress” is one of the “elements of a universal morality.”

The good news for parents is that empathy arises naturally in children at an early age and is easily nurtured through fun family activities such as watching movies together. You don’t have to go looking for special events or situations to make this happen. A child receives the best moral education during normal daily situations when adults are actively engaged in that child’s life. Here are a few ordinary opportunities where you might cultivate empathy in your children:

#### 1. Read stories and watch movies together.

Occasionally stop and ask your child, “How do you think this character feels?” There is no right answer. The point is to encourage empathetic feelings and reflection. Such questioning will give children opportunities to hone their ability to sense the feelings of others. It will also help them to base their future actions on compassion rather than self-centredness.



## **2. Allow your child to fully declare their feelings when they're having a difficult time with a sibling or friend.**

Ask your child if they can also express what the other person might be feeling and why. The point of this exercise is not to put down or dismiss your child's feelings but to widen his or her sense of all that is truly going on in the situation.

## **3. Create a safe climate for your child to take responsibility for his or her actions—both good and bad.**

Professor Damon says, "There is no more effective facilitator of moral development than fostering children's willingness to take responsibility for good and bad deeds." You can encourage this willingness by responding calmly and evenly when your child admits to misdeeds. Your child can still experience the consequences of those misdeeds, including your measured expression of disappointment or anger. Emotional tirades will just suppress your child's willingness to admit mistakes.

## **4. Be a good listener.**

Take the time for open conversation with your children and answer their questions honestly, this provides endless opportunities to talk about caring and respecting for others. Simply lead by example and you'll accomplish a lot.



# PN Pre-Kindy News

Our Pre-Kindy class of 2023 is almost complete. Pre-Kindy are blessed with a beautiful class we have one more member to join us and we can't wait.

This term we celebrated family and belonging, with a special focus on our Mummies for Mother's Day. We have also been exploring colours, nursery Rhymes collaborative collage and painting with different mediums.

The class favourite has been the nursery rhyme Humpty Dumpty. The children have loved building Humpty's wall and knocking it down while singing the song. It's a great way to show the children cause and effect and create resilience when their creation falls.

Each week the class share news in our colour circle. The basket is passed around and the children have a lucky dip, they then describe the chosen item with the help of questioning. The children are developing great oral language, listening, viewing, questioning skills, and learning all about their friends.

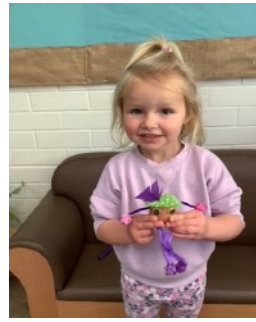
The children have been making amazing progress with their oral language and recognising the members of their class. We look forward to term three.

Mrs Rushton





# SJP Pre-Kindy News



In Pre-Kindy, the children have been exploring the wonderful world of Nursery Rhymes. We have been having the greatest amount of fun singing, acting, cooking and crafting based on a favoured Nursery Rhyme every week.

Our first Nursery Rhyme was 'Jelly on a Plate' and we made jelly in lots of different colours. Our second Nursery Rhyme was 'Humpty Dumpty' and we got to make an awesome 'Humpty Dumpty' out of a hard-boiled egg. Thirdly we got to make cup cakes for 'Pat-a-Cake', we baked the cakes then decorated them with our own choice of sprinkles and we even have our own Cup Cake Café in our home corner. Finally, we made salt dough, then added colour and glitter to make our very own stars for 'Twinkle Twinkle'



We have been extremely delighted to have parents in the classroom this term and getting them to see how the children interact with their friends. The children are delightful and are delighted to attend Pre Kindy, so thank you dearly for your support and enthusiasm.



Term 2 has been a fulfilling term that has been rich in learning many new things about the us, others and the world. Mrs Corica and myself would also like to wish you all a safe and happy holiday, we look forward to meeting up with you in Term 3.

Ms Blair



## RUNNING CLUB

Mel Maria's Running Club program continues again this year throughout terms Two and Three. The program:

- Is held during this time to help with training the Interschool Cross Country team and support general fitness during Athletics preparation in Term Three
- Provides students with a physical experience to start the day, which is proven to help with learning
- Provides a safe, social atmosphere to allow students to engage with others socially as they exercise. We use a QR scanning software which allows us to keep track of the number of laps and kilometres each student completes as they use a personalised card that they retrieve and return each session.



**Who:** Years K-6 (all students have a laminated QR card with their name on it)

**Where:** SJP and PN Ovals

**When:** 8:00am-8:30am, Mondays at SJP; Fridays at PN

**How it works:**

- When they arrive, students come and retrieve their card from one of the staff or Year Six Leaders.
- Start running!
- Every time a student completes a lap, they scan their card at one of the devices next on the tables provided.
- When they are finished or at 8:30am, students return their cards to their year level containers and head to class. Staff and Year Six leaders assist with this process for younger/new students.

**Do I need to sign up?:** No! The more the merrier, so please come down at any point during the half hour.

We hope to see you there!

## BREAD BAG RECYCLING

This is the last week for sending in your bread bags! We have two very full bags that need to be sent off during the holidays and I would love to add another one. Please continue to send those bags in this week. Thank you to the families who have supported this initiative this term. Unfortunately, it does finish this Friday so I will no longer be collecting these bags in Term Three.

## FACTION CROSS COUNTRY

Well done to the students who participated in the Faction Cross Country Carnival last week at Troy Park. It was a wet and chilly day that made the run that little bit more difficult for our runners but they did an outstanding job given the conditions.

Our Year Threes were brilliant in their first Cross Country event, with over 80% of the students competing. I look forward to seeing how they go next year with the extra half lap! Our Year Fours did a great job with their extra 500m this year enjoying the support they received at the 500m mark from parents and students. The Year Five and Six students attacked the 2km course with great gusto - special mention to the Year Five girls who had all but two students race on the day. Great work girls!

It was a two horse race on the leaderboard for most of the day, with the Year Three and Four Blue faction students pushing them 25 points ahead of Green at the half way mark of the event. The Year Five and Six Green students came home strongly though, surging home to win their second carnival for the year. Well done to all students involved!

Thank you to Mr Williams for his help in preparation, and to Mr Popadyne our scorer. Our course marshals - Mr Hille, Miss Taylor, Mrs Robinson, Mr Carr and Mr Connolly - did a fantastic job of encouraging and guiding the student through the course as well so a big thanks to them for their help! Thank you to the rest of the staff who were cheering, marshalling and some even running during the event. Our Sports Ministry were there for the whole event, assisting with marshalling, place giving, and guiding students around the course. Well done Leaders!

1st: **Green**, 1734 points  
2nd: **Blue**, 1539 points  
3rd: **Gold**, 1398 points  
4th: **Red**, 1329 points

The team to compete at the CPSSA Interschool Cross Country Carnival on Tuesday 25th July at UWA Sports Park will be announced in the coming days.





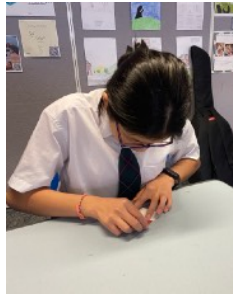
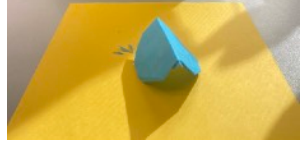
MEL MARIA  
CATHOLIC PRIMARY SCHOOL

# JAPANESE

Ms Cate Cooper

As part of our Japanese program, special guest Sanny Ang came to Mel Maria this week for an origami incursion. Sanny amazed our Year 2 to 6 students, with his origami instruction and decades of experience in storytelling.

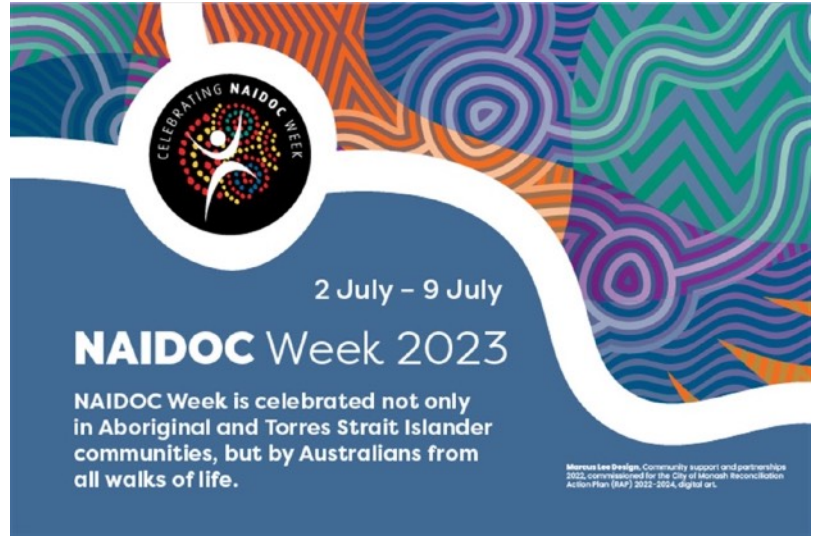
The hands on tutorials gave all students the opportunity to participate in this traditional Japanese art form and make a variety of origami models. Models included swans, cygnets, plane, frogs, windsurfers, ice creams and much more. It was a wonderful experience for everyone, inspiring many future origami masters.



## NAIDOC WEEK

NAIDOC Week is an opportunity for all Australians to learn about First Nations cultures and histories and participate in celebrations of the oldest, continuous living cultures on earth.  
<https://www.youtube.com/embed/Lgl8khN47iM>

The 2023 National NAIDOC Week theme is For Our Elders.  
<https://www.naidoc.org.au/awards/current-theme>



**CHEVRON FOCUS ENVIRONMENT COMPETITION**  
CELEBRATING WA'S AMAZING BIODIVERSITY through the camera lens

Choose one or more of the following categories to FOCUS on:

- FOCUS on: WA's native species.
- FOCUS on: WA's habitats and ecosystems.
- FOCUS on: Sustainability in WA.

Prizes will be awarded for each category in the following age groups: Years K-2, 3-6, 7-10 and 11-12.

**WIN** Share in \$25,000 in cash prizes for yourself and your class.  
Entries close September 22

**the human energy company**  
Chevron Australia is proud to continue its support of the Chevron Focus Environment competition as a way of raising awareness among students about protecting and managing the environment.

**It's easy to enter!**

- **DISCOVER:** Find out about WA's unique species, the threats they face and how people can help.
- **PLAY:** Grab a camera and spend some time developing your photography skills.
- **EXPLORE:** Get outside and capture the diversity of our state's plants, animals and landscapes.
- **SHARE:** Compose a captivating caption that highlights the biodiversity story of your favourite photo.

English HASS Science Media Arts TERMS 2-3 YEARS K-12  
Teacher notes, submission guidelines and competition rules can be found online.

[mediaeducation.com.au/competitions](https://mediaeducation.com.au/competitions)

The West Australian GENWest 7M media education

## Chevron Focus Environment competition

School students are exploring Western Australia's unique biodiversity through the camera lens - with entries now open for the 2023 Chevron Focus Environment Competition.

Chevron Australia has supported the annual photography competition since 2003, which aims to increase awareness among young Australians of the need to safeguard ecosystems for future generations.

Open to all WA primary and secondary students until 22 September. The focus is on the Environment and there are three subject categories reflecting Chevron's core value of protecting people and the environment:

- Focus on WA's native species
- Focus on WA's habitats and ecosystems; and
- Focus on Sustainability in WA

Entries for the 2023 Chevron Focus Environment competition are open until Friday 22 September.  
<https://australia.chevron.com/community/partnering-for-progress/focus-environment>

## Mel Maria Bookweek

Pater Noster Campus - 22 August  
St Joseph Pignatelli Campus - 24 August

## Book Week





MEL MARIA  
CATHOLIC PRIMARY SCHOOL

# MUSIC NEWS

## WASO Classic Adventures Excursion Year Three



WASO Classic Adventures  
"Nature's Symphony"

Today we went to the Western Australian Symphony Orchestra in the city to listen to the 'Nature's Symphony'. There was a conductor called Greg Wesley and she helped the people in the orchestra know if it's a high or low note.

The first song we heard was the 'Wanjoo' Song. 'Wanjoo' means Welcome in Noongar. Our class already knew the song because last year we learnt it in the library.

Next the Orchestra played a song called 'Vivaldi's Four Seasons'. A man called Master Lawrence played the violin. It sounded like a bird singing.

We heard another song and it was played with the flute. The song is called 'Flight of the



'Bumble Bee'. The flutes sounded really nice and made a good bee sound.

The next song was called 'Waltz of the Flowers' and Mr Nichols played the Harp in this one. The Harp had lots of strings and Mr Nichols was dressed up as a lemur!

After that, they played a song and it was played by the Wood Wind Family. It was called 'Sounds of Australia'. The song sounded like all the sounds of Australia.

The last song they played was called 'Swan Lake'. 'Maali' is the Noongar name for Swan. When they played the song confetti came out of the roof and it was an amazing song.

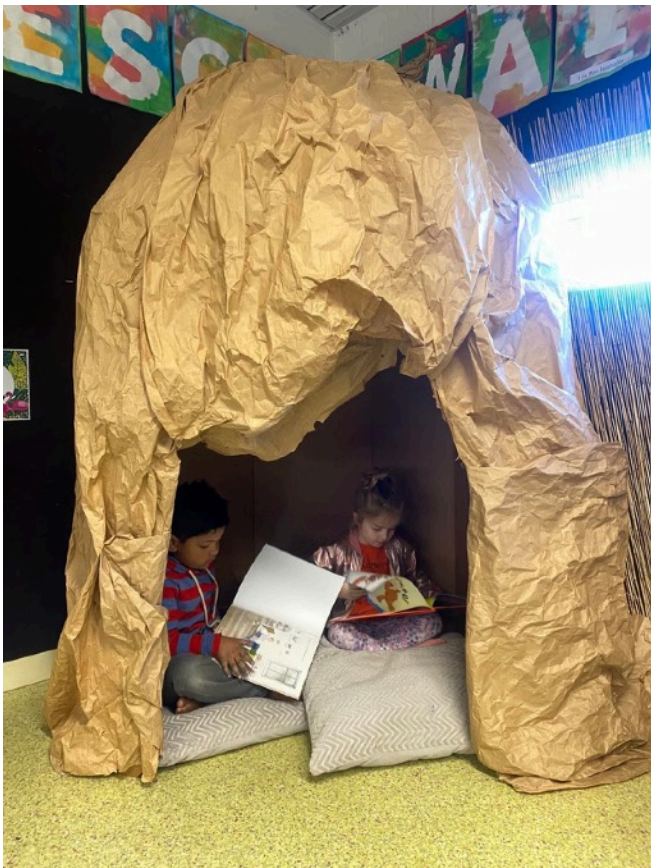
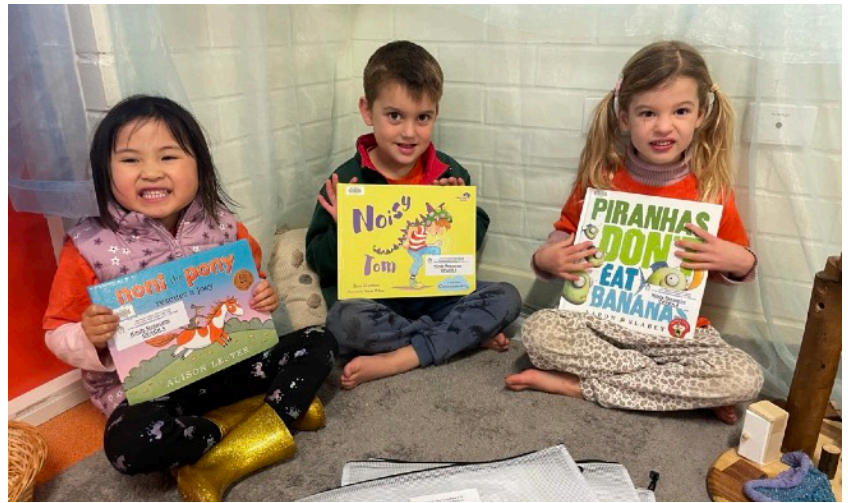
I really enjoyed seeing the Orchestra and it was a really fun excursion. All the instruments sounded really nice and my favourite song was the 'Waltz of the Flowers'.





A huge thank you to the P&F for funding our new Kindy Take Home Comprehension Packs. We now have 75 new packs on each campus.

These beautiful stories will be enjoyed by our children and their families to help promote a love of reading, while building our children's comprehension and oral language skills. Special thanks to Mrs Scheggia and Mrs Plester in the library for all their help accessioning and covering the books.



## How to help siblings get along

### Coping with conflict and fostering strong bonds

It's normal for siblings to fight, but there are things parents can do to help them get along and support each other.

The first step is to find the source of the conflict. Siblings often clash over sharing things, like favourite toys, limited space, or parents' attention. You can get ahead of the fight by setting ground rules. For instance, you might trade off who gets to pick what's on TV or even who gets the last goodnight kiss. Make a schedule, post it somewhere easy to see, and make sure everyone understands the rules.

It might take some time for kids to get used to the system. Parents can help by providing lots of praise whenever kids follow the rules: "Great job giving your brother the iPad as soon as your turn was over!" It also helps to ignore whining as much as you can, so that kids don't learn that complaining gets them attention. Over time, they'll settle into the rules.

Sometimes the same rules won't apply to siblings equally – for example, an older child might have a later bedtime. Discussing these differences openly can help kids understand the reasons for rules and accept things that they might initially find unfair. If an older child has more family responsibilities than their younger siblings, check in with them often and make sure they know when to turn to you for support.

Finally, emphasize the positive aspects of having siblings. Look for group activities that can help them bond, and praise them when they work together or treat each other kindly. You can even give them a special privilege to work toward as a team, like a day trip or special meal that they're all excited about.

The link below provides extra suggestions:

<https://childmind.org/article/how-to-help-siblings-get-along/>







## Join the Support Our Schools Program (SOS)

- It's free and available to all Gilbert's customers!
- Gilbert's Fresh Market donates 1% of the money spent by you to your nominated school every time you shop with us.
- Sign up at the checkout and simply present your SOS card for scanning each time you shop to earn funds for your school.

It's so easy!

[gilbertsfresh.com.au](http://gilbertsfresh.com.au)



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MATHS

ROAD